

# ULMA-CENTERVILLE CLASS SCHEDULE

EFFECTIVE  
APRIL 7TH



## MONDAY

4:00-4:30 Lil' Leaders
4:45-5:30 Warrior Kids
5:40-6:10 Instructor Class (see Facebook page for dates)
6:20-7:10 All Rank Class (For all Warrior, Fusion & Impact Students)
7:20-8:10 Impact Training

## TUESDAY

4:15-5:00 Warrior Kids
5:15-5:45 Lil' Leaders
6:00-6:45 Fusion Class
6:55-7:45 Impact Training

## WEDNESDAY

4:00-4:30 Lil' Leaders
4:40-5:25 Fusion Class
5:35-6:15 Warrior Kids Foundation Training
6:30-7:20 Impact Training

## THURSDAY

4:00-4:45 Fusion Class
4:55-5:25 Lil' Leaders
5:35-6:25 Impact Training
6:35-7:20 Warrior Kids

## FRIDAY

Check out the Calendar for special seminars and events!

## SATURDAY

8:45-9:15 Optional Impact Self-Defense and Ground Defense
9:15-10:05 Impact/Fusion Class
10:15-11:00 Weapon Sparring CLASS (Open to all Purple-Black Belts)
11:10-11:55 Warrior Kids
12:00-12:30 Lil' Leaders Obstacle Course Day

Students **MUST** wear their full uniform or cycle shirt Monday-Thursday. Students may wear any ULMA Shirt on Fridays & Saturdays.

## Contact Us & Connect:

937-306-2120

465 Miamisburg Centerville Rd

Centerville, OH. 45459

### OUR PROGRAMS:

#### Lil Leaders:

4 & 5 Year Olds

#### Fusion Program:

5th-8th Graders

#### Warrior Kids:

6 Year Olds-4th Graders

#### Impact Training:

High Schoolers & Adults

Remember to book your classes on the Spark Member App! Use your phone's camera to scan the QR code!



### April 2022:

April 7: 1st Classes of New Strength Cycle!

Friday and Saturday, April 15 & 16: Closed for Easter Weekend!

S	M	T	W	T	F	S
					1	2
3	5	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### May 2022:

Friday, May 13th: Wooden Board Breaking Clinic!

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### June 2022:

June 10 & 11: Belt Testing at ULMA Springboro (no classes)

June 13: Closed for Staff Training

June 14: Late Testing

June 15: Awards Ceremony

June 16: New Cycle Begins!

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

**RED** means that the academy is closed for a holiday or event.

**GOLD** means that there is an event & we still have regular classes.