

ULMA-CENTERVILLE CLASS SCHEDULE

EFFECTIVE
Nov. 18



MONDAY

4:00-4:30 Lil' Leaders
4:45-5:30 Warrior Kids
5:40-6:10 Instructor Class (see Facebook page for dates)
6:20-7:10 All Rank Class (For all Warrior, Fusion & Impact Students)
7:20-8:10 Impact Training

TUESDAY

4:15-5:00 Warrior Kids
5:15-5:45 Lil' Leaders
6:00-6:45 Fusion Class
6:55-7:45 Impact Training

Remember to book your classes on the Spark Member App! Use your phone's camera to scan the QR code!



WEDNESDAY

4:00-4:30 Lil' Leaders
4:40-5:25 Fusion Class
5:30-6:10 Warrior Kids Foundation Training
6:20-7:10 Impact Training

THURSDAY

4:00-4:45 Fusion Class
4:55-5:25 Lil' Leaders
5:35-6:25 Impact Training
6:35-7:20 Warrior Kids

FRIDAY

Check out the Calendar for special seminars and events!

SATURDAY

9:00-9:45 All Rank Class (For all Warrior, Fusion & Impact Students) IMPACT ONLY (optional 20min self-defense and ground defense, 9:45-10:05)
10:15-11:00 Weapon Sparring Class (Open to all Purple-Black Belts)
11:10-11:55 Warrior Kids
12:00-12:30 Lil' Leaders Obstacle Course Day

Students **MUST** wear their full uniform or cycle shirt Monday-Thursday. Students may wear any ULMA Shirt on Fridays & Saturdays.

Contact Us & Connect:

937-306-2120

465 Miamisburg Centerville Rd

Centerville, OH. 45459

OUR PROGRAMS:

Lil Leaders:

4 & 5 Year Olds

Fusion Program:

5th-8th Graders

Warrior Kids:

6 Year Olds-4th Graders

Impact Training:

High Schoolers & Adults

November 2021:

Nov. 18: 1st Day of classes for the new cycle!

Thursday November 25:

CLOSED for Thanksgiving
Friday Nov. 26: BLACK FRIDAY
ADRENALINE SEASON I
TRAINING CAMP @ Springboro!
9:00am-2:00pm This WILL sell out!
All students 8 and older are eligible!
30 Spots Only! \$99 Includes Lunch!

S	M	T	W	T	F	S
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

December 2021:

December 23-Jan 1: Closed for Christmas

Break

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

January 2022:

January 3: 1st Classes of 2022!!!

Friday, Jan 14th: Wooden Board Breaking Clinic!!!!

5:30pm-6:30pm, \$20 for board breaking focused class and 3 wooden boards (\$3 for each additional board)
Registration Deadline 1/8

Jan. 28 & 29: Belt Testing

Tuesday Feb. 1: Late Testing
Wednesday, Feb. 2: Awards Celebration (Belt Ceremony) See Testing Info Sheet for Times

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

RED means that the academy is closed for a holiday or event.

GOLD means that there is an event & we still have regular classes.