ULMA-SPRINGBORO CLASS EFFECTIVE SCHEDULE

JULY 8

WEDNESDA

| MONDAI | IULJUAI | WEDINESDAI | | |
|---|---|---|--|--|
| 4:00-4:30 Lil' Leaders (Small Floor) | 4:30-5:15 Warrior Kids (Small Floor) | 4:00-4:30 Lil' Leaders (Small Floor) | | |
| 4:15-5:00 Warrior Kids (Big Floor) | 4:15-5:00 Fusion Class (Big Floor) | 4:15-5:00 Fusion Class (Big Floor) | | |
| 4:45-5:30 Fusion Class (Small Floor) | 5:30-6:15 Warrior Kids (Small Floor) | 4:45-5:35 Impact Training (Small Floor) | | |
| 5:15-6:00 Warrior Kids (Big Floor) | 5:15-6:00 Warrior Kids (Big Floor) | 5:15-6:00 Warrior Kids (Big Floor) | | |
| 5:45-6:35 Impact Training (Small Floor) | 6:30-7:00 Lil' Leaders (Small Floor) | 5:45-6:30 Warrior Kids (Small Floor) | | |
| 6:15-7:10 Family Class | 6:30-7:25 Family Class | 6:15-7:00 Warrior Kids | | |

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| (Big Floor) |
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| CATUDDAY |
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7:15-8:05 Impact Training

9:15-10:05 Impact Training

Black Belts Dismissed at 10:20

10:20-11:05 Fusion Class

Black Belts Dismissed at 11:20

(Big Floor)

(Big Floor)

(Big Floor)

4:00-4:45 Warrior Kids (Small Floor) 4:15-5:00 Fusion Class

5:00-5:45 Warrior Kids

5:15-6:00 Instructor Class

6:15-7:05 Impact Training

(Big Floor)

(Big Floor)

(Small Floor)

5:00-5:45 Warrior Kids (Big Floor)

4:15-4:45 Lil' Leaders

5:50-6:40 Fusion/Impact Class

(Big Floor)

(Big Floor)

(Small Floor)

(Big Floor) REQUIRED FOR **INSTRUCTORS 1x PER MONTH** Check out the 6:00-6:30 Lil' Leaders (Small Floor) seminars and

Calendar for special events!

11:30-12:15 Warrior Kids Black Belts Dismissed at 12:30 (Big Floor)

12:00-12:30 Lil' Leaders (Small Floor)

Students MUST wear their full uniform or cycle shirt Monday-Thursday. Students may wear any ULMA Shirt on Fridays & Saturdays.

937-748-8797 Ext. 2 **Contact** 261 W. Central Ave. Us & Springboro, OH. Connect:

Check out the Curriculum Section at:

www.ULMAInstructor.com

School Code: Student Password: ULMAStudent

OUR PROGRAMS:

Lil Leaders:

4 & 5 Year Olds

Warrior Kids:

6 Years Old-4th Graders

Fusion Program: 5th-8th Graders

Impact Training:

High Schoolers & Adults

LIMITED AVAILABILITY:

SUMMER CAMPS are being offered for 5 Weeks!

July 6-10

July 13-17 July 20-24

July 27-31 Aug. 3-7

TO REGISTER GO TO:

www.SpringboroCamps.com

July 2020

Instructors: Make sure to make at least 1 Instructor training class per month! They are on Thursdays at 5:15pm!

Classes begin Wednesday July 8th!

August 2020:

Sat., August 15: 1:00-2:30 - Instructor Level Up and New Instructor Orientation.

Sat., August 29: Back to School Kids Night Out! 4:00p-8:00p \$20 You get a date night and the kids get to have a BLAST!

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| 23 30 | 24 31 | 25 | 26 | 27 | 28 | 29 |

September 2020:

September 5-7: Closed for Labor Day Weekend

Saturday, September 12: Belt Testing

Tuesday, September 15: Late Testing Opportunity

Wednesday, September 16: Awards Celebration (Belt Ceremony) See Testing Info Sheet for times

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| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | | | |

RED means that the academy is closed for a holiday or event.

GOUD means that there is an event & we still have regular classes.